



Therapeutic Horticulture Activity Dried Flower Name Tags

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Overview: Creating name tags for Garden Group members.

Precautions:

1. Scissors
2. Fine motor dexterity needed

Completion Time: 30 minutes

Materials: (10 participants)

1. Previously dried flowers and greenery; see attachments (various amounts)
2. Card stock paper, 8.5"x11" (2)
3. Glue sticks (10)
4. Supply trays (optional) (10)
5. Laminator sheets - 5ml recommended (2)
6. Laminator machine (1)
7. Self adhesive pin backs (10) or lanyards (10)
8. Scissors (1-10)

Pre-Session Prep:

1. Collect and dry flowers and greenery (from previous session).
2. Collect remaining supplies.

3. Print names on paper; see attached Name Tags.docx for template.
4. Cut name tags.
5. Create an example of a finished name tag.

Step-By-Step Process/Instructions:

1. Show example of finished name tag.
2. Distribute cards with pre-printed names on them.
3. Distribute dried flowers, greenery, and a glue stick to each participant, on a supply tray as desired.
4. Turn on the laminator machine to warm up.
5. Encourage participants to place plant material on their name tag and then glue one piece of material at a time after placement has been decided.
6. Trim any plant material that hangs off the paper of the name tag.
7. Place the decorated name tag on the lamination sheet and run through the lamination machine.
8. After being laminated and cooled, trim name tags.
9. Apply self adhesive pin backs to the back of the name tag.

Tips:

1. Cut a few blank name cards and write names in with black sharpie if participants show up that are not expected.
2. Create a few blank, decorated, and laminated name tags with no name on them; if additional participants join the group in future their name can be written on laminated tag with black sharpie pen.

[Microwave-Pressed-Flowers](#)

 [Microwave Flower Drying](#)

[Name Tags.docx](#)

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