



Therapeutic Horticulture Activity Fall Leaf Banner

Source: Rieppe Hendrick

Form Prepared by: Rieppe Hendrick

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Overview: Gluing fall leaves on a cardstock banner with leaf shape cut outs

Precautions:

1. Use of scissors

Completion Time: 45 minutes

Materials: (10 participants)

1. Banner flags with leaf shapes punched out and two circle holes at the top to run a string through to connect flags together (30+)
2. Fresh pliable fall leaves of assorted colors (30+)
3. Glue sticks (10)
4. 8.5 X11' paper (20)
5. Scissors (10)
6. String (1 roll)

Pre-Session Prep:

1. Cut banners
2. Collect leaves, same day as activity if possible.
3. Collect other supplies
4. Create an example of finished project

Step-By-Step Process/Instructions:

1. Talk about fall leaf color; use the attached handout as desired.
2. Pass out samples of leaves and talk about colors and reminisce about fall season
3. Pass out 2 pieces of paper, 3 banners, and a glue stick to each participant.
4. Instruct to place banners on one piece of paper and rub glue around each leaf cut out shape.
5. After glue is applied, place the banners on the other, clean piece of paper with the glue side of the banner facing up.
6. Fold the first piece of paper with glue on it in half with glue on inside and place several leaves of varying colors and a pair of scissors in front of each participant.
7. Talk with them about cutting pieces of the leaf that are big enough to cover one leaf shape cut out
8. Place pieces of leaf over each cut out with the most colorful side down.
9. Once all cut out shapes are covered with leaf pieces, turn the banner flags over.
10. If each participant will have an individual banner, pass out string and instruct to thread through the holes of each flag.
11. If the flags are to be used together for one long banner, cut one long string and thread each participant's banner.
12. Hang the completed banner!



Tips:

1. If scissors are dangerous or difficult for participants to use, tear the leaves into pieces; you will likely need extra leaves if it is done this way

 Leaves Changing Colors. Final

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