



Therapeutic Horticulture Activity Teacup Bird Feeder

Source: *Pinterest with adaptations by Rieppe Hendrick*

Form Prepared by: Rieppe Hendrick

Date Activity Written: 9/26/20



Overview: Turn a teacup and saucer into a cute bird feeder. This is a quick project but due to drying time of glue it will need to be done over 2 sessions.

Precautions:

1. Strong and potentially messy glue is used
2. Teacup and saucer are breakable

Possible Populations:

1. Children to adults

Completion Time: 30 minutes; 24 hours dry time

Materials: (# of participants 1)

1. 1-Teacup
2. 1-Saucer
3. 3 pieces of chain, all same length (see "Pre-Session Prep 1" below for info)
4. 1-"S" hook
5. 3 small binder clips
6. Spray paint of color to match teacup (optional)
7. Newspaper, tarp, etc. to use for spray painting (optional)
8. Marker (optional)
9. Gorilla glue
10. Disposable gloves (optional)

11. Paper towels as needed
12. Bird seed

Pre-Session Prep:

1. Determine length of chains based on where the feeder will hang and how low you would like it.
2. Pre-cut 3 chains based on 1. above
3. Assemble supplies
4. Make example of feeder before hand

Step-By-Step Process/instructions:

1. Clean and dry teacup and saucer

2. Place the cup on the saucer to determine where you would like it to sit; the bottom of the cup positioned a little back on the saucer allows for more space for feed.



3. Note points of contact between the cup and saucer, mark with marker if needed.

4. Use gloves if desired; apply glue to points of contact, either to cup or saucer or both

5. Based on instructions with glue, allow glue to become slightly tacky before putting pieces together

6. Leave the cup and saucer undisturbed for 24 hours, or time indicated by glue to dry.

7. If you choose to change the color of the hanging hardware, lay the chain, binder clips and “S” hook on paper and spray paint, allowing it to dry before turning over to paint other sides. Allow to dry fully before the next step.

8. Attach one end of each chain to one side of the binder clip

9. With the chain oriented on the clip at the bottom of the saucer and that clip folded back, clip the binders on 3 locations of the saucer. Adjusting the location of the clips to evenly distribute the weight so the saucer hangs straight.



10. Note locations of clips on saucer, and mark with the marker if need be. Remove the clips from the saucer. Use gloves if desired and apply glue to the saucer in those 3 locations. Allow to become tacky as directed by the glue manufacturer. Open the clips and place them over the glue spots. * Allow to dry for 24 hours or as directed by the glue manufacturer.

* If desired remove the top portion of the clip binder that is not holding the chain by pinching together and sliding out of position; the clip without the chain is not needed.



11. Add bird feed and hang your feeder where you can enjoy the visitors!

Tips:

1. Recommend hanging in a somewhat sheltered location so water will not collect in the saucer; alternative is to use masonry drill bit and drill water drainage holes in the saucer prior to assembling.

© 2020. This work is licensed under a [CC BY-NC-SA 4.0 license](https://creativecommons.org/licenses/by-nc-sa/4.0/).