

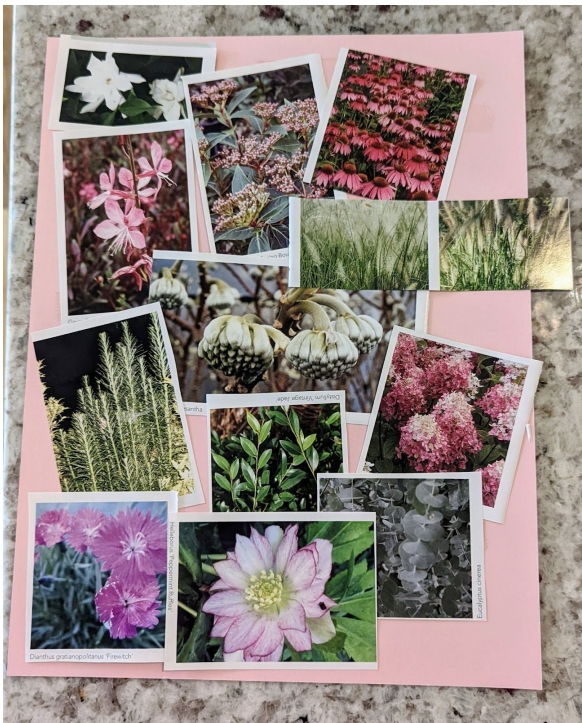


## Therapeutic Horticulture Activity Paper Garden

Source: multiple

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**Overview:** Using images to determine colors or flowers/plants to put in a garden or to have a collection of plants on paper to enjoy looking at and sharing with others.

**Precautions:**

1. Fine motor dexterity required, variation of needs can be modified.

**Completion Time:** 20-30 minutes

**Materials:** (10 participants)

1. 8.5"x11" paper (11)
2. Double sided tape (1-10 rolls)
3. Images from garden magazine/seed catalogs. (100+)

**Pre-Session Prep:**

1. Cut images from catalogs, or this can be done in a previous group session.
2. Collect supplies.
3. Make an example.
4. Pre-place double sided tape on paper if that will be an issue for participants to perform; recommended to place 3 evenly spaced strips

- down length of paper or in 3 columns with alternating horizontal pieces; modifications can be made as related to sizes of images using.
5. Place paper and a collection of images at each participant seat.

### Step-By-Step Process/Instructions:

1. Discuss color and plant choice options in a garden.
2. Introduce activity and show the example.
3. Encourage participants to choose images based on their preferences and place them on top of the paper touching some portion of the 2 sided tape.
4. Hang finished products together on a wall for a combined garden or participants take them with them.

### Tips:

- 1.
- 2.

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