



Therapeutic Horticulture Activity Laminated Fall Leaf Banner

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Overview: Creating a leaf banner that can capture and maintain the fall leaf color and withstand being outside.

Precautions:

1. Scissor use
2. Heat associated with laminating
3. Fine motor abilities

Completion Time: 45 - 90 minutes

Materials: (10 participants)

1. 6" x 9" triangle flags from light to heavy cardstock (40+)
2. 5 mil 9"x11.5" lamination sheets (20)
3. Lamination machine (1)
4. Electrical extension cord (optional) (1)
5. Fresh fall leaves of varying colors and sizes (50+)
6. Scissors (10)
7. Glue sticks (10)
8. Hole punch (1-5)
9. String (1 roll)
10. Tape (optional) (1)
11. Hand wipes or wet paper towels.

Pre-Session Prep:

1. Cut paper flags; 2- 6"x9" triangle flags can be cut from 1- 8.5"x11" piece of paper.
2. Collect leaves, the day of activity if possible.
3. Collect other supplies.
4. Create an example of the finished product.


Step-By-Step Process/Instructions:

1. Set up and turn the laminating machine on to warm up.
2. Discuss fall leaves; see attached info sheet.
3. Show example of finished pendant.
4. Discuss if participants want to take the finished product with them or contribute to a collaborative banner for the site.
5. Pass out 2 pendants, a glue stick, a pair of scissors, and leaves.
6. Instruct to glue leaves onto pendants one at a time; as the leaves overlap, put glue on pendant and or leaves as appropriate.
7. Cover the entire pendant.
8. Flip the pendant over and use scissors to trim leaves that are over the edge of the paper.
9. Repeat process for second pendant flag.
10. Pass out 1 laminating sheet per participant and have them place the 2 flags within the sheet; 2 flags will fit in 1 laminating sheet.

11. Run leaf flags lamination sheet through the lamination machine.
12. Pass the laminated sheet back to the participants and have them trim the pendant about ½ “ from outside of leaves to allow for intact lamination to surround the flag.
13. Instruct the participants to punch a hole in each upper corner of the flag.
14. Based on desire from step 4 above, pass out individual pieces of string approximately 5’ in length or pass the entire roll from 1 participant to the next to allow threading of flags onto the roll of string.
15. Hang the banner and enjoy!

Tips:

1. Have participants collect leaves if situation and time allows; don’t collect one session and make another session as leaves will not be fresh enough for this project.
- 2.

 Leaves Changing Colors. Final

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